

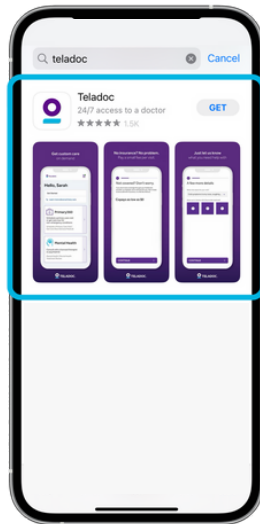
# How to Add Dependents with the Teladoc app!



Follow the steps below to begin sharing your Teladoc Health services with family members:

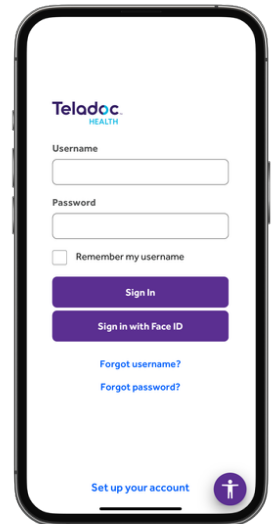
## 1. Download the Teladoc app

- The Teladoc app is available on the App Store for iPhones and Google Play for Android devices.
- In your app store, search for "Teladoc" and download the Teladoc app.



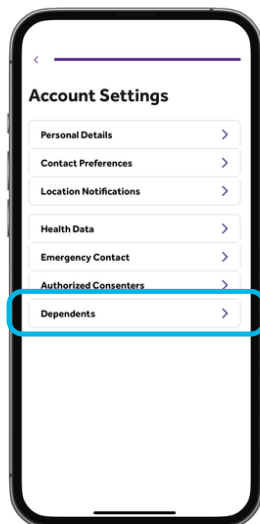
## 2. Log into your Teladoc account

- Open the Teladoc app and log into your Teladoc account.
- If you do not already have a Teladoc account, you can create one within the app or through TeladocHealth.ca.



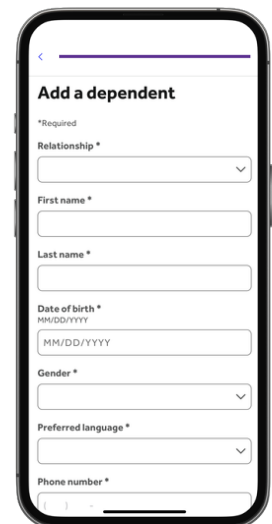
## 3. Locate account settings in the app

- Select the "Account" section on the bottom navigation bar.
- From this menu, select "Account settings" and find "Dependents" at the bottom of the list.
- Select "Add Family Member +" at the bottom of the screen.



## 4. Submit dependent information

- Fill in the dependent's information as required, and select "Continue."
- All registered dependents will now appear on the "Dependents" screen.
- After adding any family members 18 years of age and older, they must download the Teladoc app and activate their own account to access the services.



**Fast and convenient healthcare for the whole family.**

Visit [TeladocHealth.ca](https://TeladocHealth.ca) | Call 1-877-419-2378 | Download the Teladoc app:



The term "dependents" refers to you, the primary policyholder, your spouse, and other eligible dependents covered under your plan. Eligibility criteria for dependents are subject to the terms and conditions outlined in your policy. Please refer to your Human Resources or policy documentation for specific information about covered dependents and their benefits.