

TELEMEDICINE

24/7 access to a healthcare provider by app, web, or phone



On-demand or appointment-based care is available to you wherever you are in Canada, and when travelling to the US — at no cost to you!

Virtual care is available for a wide range of non-emergency conditions including*:

- | | | |
|----------------------|---------------|---------------------------|
| ✓ Seasonal allergies | ✓ Rash | ✓ Sinus infection |
| ✓ Cold and Flu | ✓ Runny Nose | ✓ Urinary tract infection |
| ✓ Fever | ✓ Coughing | ✓ Upset stomach |
| ✓ Aches | ✓ Ear Ache | ✓ Nausea |
| ✓ Neck Pain | ✓ Sore throat | ✓ Covid-19 Concerns |

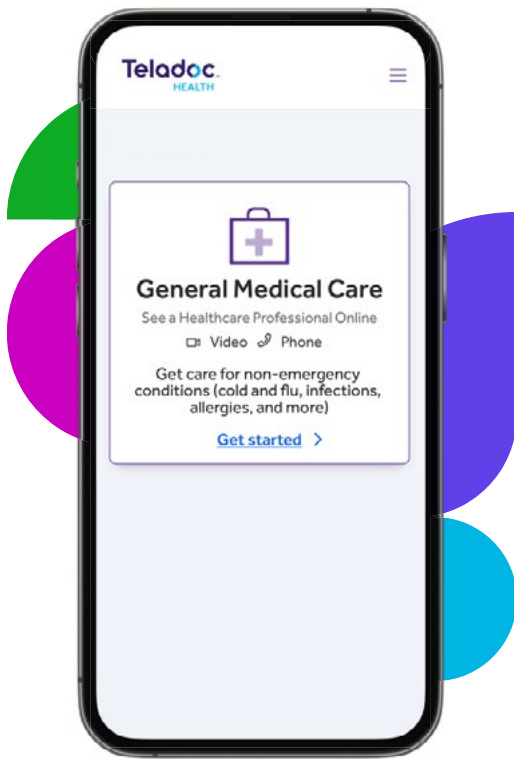
*Not limited to the listed conditions

If a prescription for medication is needed, your healthcare provider will send it to the pharmacy of your choice! Regardless of your schedule or location, our service provides you with convenient, around-the-clock access to a health care provider, in 150 languages.

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“A healthcare provider called within minutes for each requested visit. It’s such a wonderful service and is like having a house call from your health care provider! Such a convenience.”





How it works

- 1 Use the Teladoc Health app or website, or call us by phone whenever you need. If using the Teladoc Health app, update your medical history and easily upload any documents or images, if needed.
- 2 Request an on-demand visit or specify a future appointment time that works best for your schedule.
- 3 Visit with a healthcare provider. Prescriptions, if necessary, are sent to your pharmacy of choice.

Members love us!

90%

member satisfaction

92%

case resolution rate

Start your journey to better health today.

Visit TeladocHealth.ca | Call 1-877-419-2378 |

Download the Teladoc Health app

