

Get Involved: Your Union Needs You

CUPE is strongest when members are engaged. Whether you've been here for 20 years or just started, there's a place for you to get involved, learn more about your rights, and help shape the future of our workplace.

Being active in your union isn't about confrontation. It's about representation, fairness, transparency, and making sure employee voices are heard.

When members participate:

- Workplace concerns are addressed earlier
- Job security is better protected
- Collective agreement rights are strengthened
- Leadership reflects real employee priorities
- Solidarity grows

You don't need experience — just interest.

Join a CUPE Committee

Committees are where much of the important work happens. If you're interested in a specific area, this is a great place to start. For a full list of Committees visit the CUPE website

Volunteer for Short-Term Projects

Not ready for a long-term role?

You can still:

- Help with events
- Assist with surveys
- Participate in working groups
- Provide feedback on emerging issues

Interested?

If you'd like to:

- Join a committee
- Volunteer in any capacity

Reach out to your CUPE executive. We're happy to connect and answer questions.

